



KEY WORDS

- ✓ Psychological skills
- ✓ Perceived parental motivational climate
- ✓ Adolescent football players
- ✓ Sport psychologies
- ✓ Football

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THE EFFECT OF PERCEIVED PARENTAL MOTIVATIONAL CLIMATE ON ADOLESCENT FOOTBALL PLAYERS' PSYCHOLOGICAL SKILL EVALUATION

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THESIS ABSTRACT

This study examined the relationship between parental motivational climate and the psychological skills of adolescent football players, and whether this relationship differed by gender, age, or years of licensed experience. The sample consisted of 260 football players aged 14–19 years (243 males, 17 females) with at least three years of licensed experience in Bursa. Data were collected using a Personal Information Form, the Parental Motivational Climate Inventory-2, and the Psychological Skills Inventory, and analyzed using SPSS 26.0.

Higher Mother and Father Learning/Enjoyment Climate scores were significantly associated with higher psychological skills and related sub-dimensions, while anxiety and effortless success climates showed significant negative associations ($p < .05$). Gender differences were found only for Father Learning/Enjoyment Climate, and age differences only for Father Effortless Success Climate. Players with 6–9 years of experience scored higher on several psychological skills. Overall, parental motivational climate has a significant effect on adolescent football players' psychological skills.

APPLICATION AREAS OF THE THESIS RESULTS

It will serve as a guide for coaches, parents, and mental health professionals in supporting performance development in adolescent football players.

ACADEMIC ACTIVITIES

Gölcüklü, S., Şahin, Ş. (2024). Perceived motivational climate in sport: An examination in football. *Current Sports Research*. Ankara: Gazi Publishing House.

Gölcüklü, S., Şahin, Ş. (2024). Perceived motivational climate in sport: An examination of the effects created by parents. *12th International Physical Education and Sports Teaching Congress*, 25–27 October 2024 (Abstract paper).

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